



Sample Menu Ideas  
For Weeknight  
Personal Chef Service

*Dinner Belle Personal Chef Services*

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*Dinner Menu Selections*

***Menu One:***

*Pork Tenderloin with Cinnamon & Apple Glaze*

*Chicken with Tomatoes and Capers*

*Oriental Beef and Pea Pods*

*Turkey Medallions with Cranberry Dijon Sauce*

*Tilapia in Lemon Wine Sauce with Rice*

***Menu Two:***

*Baked Salmon Packets with Lemon and Herb Couscous*

*Fresh Serve Cool and Crunchy Chicken Salad*

*Pork Medallions in Mushroom Sauce with White Rice*

*White Chili Bistro and Corn Bread*

*Beef Stroganoff on Bed of Egg Noodles*

***Menu Three:***

*Hearty Black Bean Stew*

*Stuffed Vegetarian Tomatoes and Peppers*

*Mediterranean Snapper*

*Moroccan Chicken & Couscous*

*Italian Chicken Spirals*

***Menu Four: Vegetarian***

*French Lentil Shepard's Pie*

*Roasted Asparagus Soup*

*Butternut Squash Risotto with Rosemary &  
Blue Cheese*

*Portabella Mushroom & Vegetable Stew*

*Caramelized Onion-stuffed Potatoes*