



Sample Menu Ideas
For Weeknight
Personal Chef Service

Dinner Belle Personal Chef Services

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Dinner Menu Selections

Menu One:

Pork Tenderloin with Cinnamon & Apple Glaze

Chicken with Tomatoes and Capers

Oriental Beef and Pea Pods

Turkey Medallions with Cranberry Dijon Sauce

Tilapia in Lemon Wine Sauce with Rice

Menu Two:

Baked Salmon Packets with Lemon and Herb Couscous

Fresh Serve Cool and Crunchy Chicken Salad

Pork Medallions in Mushroom Sauce with White Rice

White Chili Bistro and Corn Bread

Beef Stroganoff on Bed of Egg Noodles

Menu Three:

Hearty Black Bean Stew

Stuffed Vegetarian Tomatoes and Peppers

Mediterranean Snapper

Moroccan Chicken & Couscous

Italian Chicken Spirals

Menu Four: Vegetarian

French Lentil Shepard's Pie

Roasted Asparagus Soup

*Butternut Squash Risotto with Rosemary &
Blue Cheese*

Portabella Mushroom & Vegetable Stew

Caramelized Onion-stuffed Potatoes